

Patient Details

Name: _____

Address: _____
_____Referring Doctor's Details: _____

Provider No. _____

Doctors signature: _____

Clinical details: _____

DOB: _____ Gender: _____

Phone / Mobile: _____

Medicare No. _____

Copies to: _____
_____Reports to be: Posted Faxed EmailedDetails: _____

Date: _____

Investigation requested

- 12 Lead ECG
- 24hr Blood Pressure Monitor*
- 24hr Holter Monitor
- Pacemaker Check / Device Check
- Transthoracic Echocardiogram
- Transoesophageal Echocardiogram (TOE)
- Stress Echocardiogram **
- Treadmill Exercise Stress ECG **

** PLEASE TICK INDICATIONS OVERLEAF FOR TEST TO COMPLY WITH MEDICATE REQUIREMENTS

- Epping Specialist & Medical Centre**
Level 2, Suite 7F. 230 Cooper Street, Epping VIC 3076

Appointment Date:**Appointment Day:****Appointment Time:**

Consultation requested with

- Prof. William van Gaal
- Dr. F A (Larry) Ponnuthurai
- A/Prof. Gautam Vaddadi
- Dr. Om Narayan
- A/Prof. Chiew Wong
- Dr. Naveen Sharma
- Dr. Asrar Ul-Haq
- Dr. Chris Lim
- Dr. Vivek Mutha
- Dr. Han Lim
- Dr. Anastasia Castles
- Mr. Krishna Bhagwat
- Dr. Bibhusal Thapa
- Dr Rifly Rafiudeen
- Dr Prasanna Venkataraman
- Dr Hashrul Rashid
- Dr John Ramzy

Website thecardiologists.com.au**Email** welcome@thecardiologists.com.au

Medicare approved indications for Treadmill Exercise Stress ECG and Stress Echocardiogram

If you have requested a Stress ECHO or Treadmill Exercise Stress ECG, you MUST tick the appropriate indication below, otherwise patients will NOT be eligible for Bulk Billing.

Screening, monitoring with no symptom evolution, asymptomatic patients with normal cardiac examination or licensing requirements are NOT Medicare acceptable indications.

Stress ECHO or Stress ECG can only be claimed once in a 2 year period when referred by a GP. Within this time frame, the patient needs to be referred to a Cardiologist to be assessed if a repeat test can be conducted or may be required to pay.

Medicare approved indications for transthoracic echocardiogram

Please be aware that new service rules apply to all standard echocardiography item numbers. A standard echo can only be claimed once in a 24 month period (when referred by GPs) except for specific exemptions documented by Medicare which can only be requested by Cardiologists or Physicians.

Stress Echocardiogram

A - One or more symptoms of typical or atypical angina, or

- A1 Constricting discomfort in the chest, neck, shoulders, jaw or arms
- A2 Symptoms are exertional
- A3 Symptoms are relieved by rest or GTN

B - Known coronary artery disease with one or more symptoms suggestive of ischaemia, or

- B1 Not adequately controlled with medical therapy
- B2 Have evolved since the last functional study

C - One or more of the following indications

- C1 PHx. congenital heart surgery, ? Reversal ischaemia
- C2 Resting ECG consistent with CAD or ischaemia in patients without known CAD
- C3 CAD lesions identified on CTCA or angiogram of uncertain functional significance
- C4 Exertional dyspnoea, ? Cause
- C5 Pre-operative with poor exercise capacity AND PHx. IHD, heart failure, CVA/TIA, DM on insulin or serum Cr>170
- C6 Assessment of valvular disease or ischaemic threshold during exercise prior to intervention
- C7 Silent myocardial ischaemia or when not possible to assess symptom frequency based on medical history

Treadmill exercise stress ecg only

- Symptoms of cardiac ischaemia
- Other cardiac disease exacerbated by exercise
- Has 1st degree relatives with suspected heritable arrhythmia

Exercise Stress ECG

Similar test to Stress Echocardiogram, but without Ultrasound. You will be exercising for a short period on a treadmill while your heart rhythm and blood pressure are monitored. You may be asked to stop taking beta-blockers 48 hours prior to exercise, unless otherwise directed by your referring doctor.

- Allow up to 45 minutes for the appointment
- Wear comfortable loose clothing and sports shoes or flat- soled walking shoes

Echocardiogram (Echo)

This test is an ultrasound of the heart. It obtains moving images of the heart as it beats to evaluate your heart's structure, valves, pressures, and function.

- Allow up to 1 hour for the appointment
- Wear a loose-fitting top, as this must be removed during the procedure
- No other preparation is necessary

Holter Monitor / Blood pressure Monitor

This is a recording device that records your heart rate and rhythm or blood pressure over a 24 hour period. You are encouraged to perform all your regular daily activities.

- Allow up to 15 minutes for the appointment
- You will need to wear the device under your clothing for the entire monitoring period
- No showering is permitted whilst wearing the device
- Please return the next day or as arranged for prompt reporting

Stress Echocardiogram

You will be exercising for a short period on a treadmill while your heart rhythm and blood pressure are monitored. Ultrasound images of the heart will be taken before and after exercise. You may be asked to stop taking beta- blockers 48 hours prior to exercise, unless otherwise directed by your referring doctor.

- Allow up to 1 hour for the appointment
- Wear comfortable loose clothing and sports shoes or flat- soled walking shoes

